

Sunday August 11<sup>th</sup> 2024  
**12<sup>th</sup> Sunday After Pentecost**  
Anglican Parish of Lantz



## **Our Mission**

*To be a diverse ministering community  
making Christ's presence known in the world around us.*

## **Sunday Summer Worship**

**July:** 9:30 St. George's Church, Dutch Settlement

**August:** 9:30 Christ Church, Lantz

## **Parish Clergy**

Rev'd Dr. Jane Magrath

Rev'd Patty McKenna

# Our Worship Today

## **Call to Worship:** *(standing)*

God of stillness, we come from busy lives, and surrender them to your grace.

**You are the home of our hearts.**

We come with all our memories and feelings, alliances and attachments.

**You are the home of our hearts.**

We come amidst all our swirling desires and emotions to find ourselves.

**You are the home of our hearts.**

Here we find ourselves in you, every part of us, and all of us together.

**You give yourself to us, and we give ourselves to you. In joy we worship you.  
Alleluia!**

Gentle God, we bring you all that is in our hearts: our feelings and memories, our hopes and fears and desires. You receive each of us in our wholeness. Speak your Word; bless our hearts and all that is in them; and in your love transform us more fully into the image of your love. We open our hearts to the grace of your Spirit, in the name and the presence of Christ.

## **Collect for Purity:**

Almighty God: **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name; through Christ our Lord. Amen.**

## **Opening Hymn: O Worship the King (CP# 380)**

O worship the King all-glorious above,  
O gratefully sing his power and his love:  
our shield and defender, the Ancient of Days,  
pavilioned in splendor and girded with praise.

O tell of his might; O sing of his grace,  
whose robe is the light, whose canopy space.  
His chariots of wrath the deep thunderclouds form,  
and dark is his path on the wings of the storm.

O measureless Might, ineffable Love,  
While angels delight to hymn thee above!  
The humbler creation, though feeble their lays,  
in true adoration shall sing to thy praise!

## **The Collect:**

Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

## **Prayer for Illumination:**

**Bread of Life, feed our souls. River of God, ease our thirst.  
Bread of Heaven, enter us; fill us with eternal life. Amen.**

## **Proclamation of the Word:**

**The 1<sup>st</sup> Reading:** A Reading from the Letter of Paul to the Ephesians  
(4:25-5:2)

*(After the reading)*

Hear what the Spirit is saying to the Church. **Thanks be to God.**

## **The Psalm: Psalm 130**

Out of the depths I cry to you, O Lord. Lord, hear my voice!

**Let your ears be attentive to the voice of my supplications!**

If you, O Lord, should mark iniquities, Lord, who could stand?

**But there is forgiveness with you, so that you may be revered.**

I wait for the Lord; my soul waits, and in his word I hope;

**my soul waits for the Lord more than those who watch for the morning,  
more than those who watch for the morning.**

O Israel, hope in the Lord! For with the Lord there is steadfast love, and with him is great power to redeem.

**It is he who will redeem Israel from all its iniquities. Amen**

## **The Gospel:**

God be with you. **And also with you.**

The Holy Gospel of Jesus the Christ according to John (6:35, 41-51)

**Glory to you, Lord Jesus Christ.**

*(After the reading)*

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

## **Sermon**

### **Confession of Faith**

**We give our lives to God, Creator of all that is and all that shall be, who is merciful and gracious, slow to anger and abounding in steadfast love and faithfulness, who relents from punishing and who receives all her children.**

**We follow Jesus, the Bread of Life, full of God's Spirit, born of Mary, who embodied God's love, who taught and healed and forgave, and whose dying revealed God's perfect and infinite grace. He was raised from the dead and lives among us still, calling us to come to him, and to follow him.**

**We live by the power of the Holy Spirit, God's love living in us, that empowers us to imitate Christ, to love with courage, and to live in deep gratitude and trust for the gift of eternal life, the power of forgiveness, the mystery of resurrection, and the unity of the Body of Christ.**

**We devote ourselves to live each moment as an act of worship, for the sake of healing and justice, in the name of Christ and the power of the Holy Spirit. Amen.**

### **Prayers of the People:**

*We pray for the church, the world, our community, and those known to us, remembering especially those in particular need. We respond to each petition saying, "to see your glory".*

### **Confession & Absolution:**

#### **Call to Confession:**

God of life, you draw us toward you, and toward life.

But we pull away. Many fears and desires tug at us, and we distance ourselves from you, and from life. Draw us into your heart now by your grace.

Forgive us, heal us, and make us new. Help us always to surrender to the flow of your grace in us, and to fall always, gently, into your arms.

#### **Confession:**

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ, have mercy on us and forgive us,  
that we may delight in your will, and walk in your ways,  
to the glory of your name. Amen.**

#### **Assurance of Pardon:**

May the God of love and power forgive you and free you from your sins, heal and strengthen you by his Spirit, and raise you to new life in Jesus the Christ. **Amen**

## **Celebrations:**

*We celebrate special occasions in the lives our parish family*

**O God, our times are in your hand: look with favour, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace; and strengthen their trust in your goodness all the days of their life, through Jesus Christ our Lord. Amen.**

## **Exchanging of the Peace:**

May you know the peace which the Spirit brings: a peace rooted in love, patience and self-control, shaped by kindness, generosity and faithfulness, marked by gentleness, and crowned with joy.

Peace be with you. **And also with you.**

## **Offertory Hymn: Eat This Bread (CP# 63)**

**Eat this bread, drink this cup, come to me and never be hungry.**

**Eat this bread, drink this cup, trust in me and you will not thirst.**

*I am the bread of life, the true bread sent from the Father.*

**Eat this bread, drink this cup, come to me and never be hungry.**

**Eat this bread, drink this cup, trust in me and you will not thirst.**

*Your ancestors ate manna in the desert,  
but this is the bread come down from heaven.*

**Eat this bread, drink this cup, come to me and never be hungry.**

**Eat this bread, drink this cup, trust in me and you will not thirst.**

*Eat his flesh and drink his blood, and Christ will raise you up on the last day.*

**Eat this bread, drink this cup, come to me and never be hungry.**

**Eat this bread, drink this cup, trust in me and you will not thirst.**

*If we believe and eat this bread, we will have eternal life.*

**Eat this bread, drink this cup, come to me and never be hungry.**

**Eat this bread, drink this cup, trust in me and you will not thirst.**

## **Prayer over the Gifts:**

Scripture speaks of God's goodness and generosity over and over again. So we keep offering our gifts to God in gratitude, over and over again. May our gifts help to feed the world with God's goodness.

**Holy One: we bring our gifts to you, knowing that you have given yourself for us. Bless these gifts. Make them a source of your abundant love in the lives we touch through mission and ministry in your name. Amen.**

## **Eucharistic Prayer**

May God be with you. **And also with you.**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

Holy God, Lover of creation, we give you thanks and praise; for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts. When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation. Joining in the song of the universe we proclaim your glory saying:

**Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory. Hosanna in the highest.  
Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Gracious God,  
in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you. Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him. He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me."  
And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith.

**Christ has died. Christ is risen. Christ will come again.**

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever. **Amen.**

And now, as our Saviour Christ has taught us, we are bold to say,  
**Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come, thy will be done, on earth as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, the power, and the glory, for ever and ever.  
Amen.**

We break this bread to share in the body of Christ.  
**We, being many, are one body, for we all share in the one bread.**  
The gifts of God for the People of God. **Thanks be to God**

*All are welcome to share in the bread and/or the wine. People are invited to sit while awaiting Communion.*

### **Announcements:**

As Jesus calls us as disciples, God sends us out to serve others in the world. Let us share with one another the events of our parish and community this week.

### **Closing Prayers:** *Standing, let us return our thanks to God.*

Holy One:

As we have received, free us to give.

As we have been loved, open us to love others.

As we have known peace, help us make peace.

In the freedom we enjoy, use us to work for freedom with justice for all.

These are gifts of your reign; may they taking shape among us, so that we may be part of the transformation of our world. **Amen**

Glory to God

**Whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

### **Blessing:**

Go in the peace of Christ, to witness to his love in truth and action each day.

And may God's resurrecting love open the future for you, empowered by the Spirit, and embraced by the presence of Jesus the Christ.

May the grace, hope, peace and love of God our Creator, Redeemer and Sustainer be with you all, now and forever. **Amen.**

## **Closing Hymn: Bread of Justice** (Tune: Nettleton)

God of justice and compassion, you who freed the Hebrew slaves,  
you who feed the poor and powerless, you whose great forgiveness saves,  
now you feed us, poor in spirit, through the grace of your dear Son;  
now you call us, now you send us. May your loving will be done.

Feed us, God, the bread of justice: give us hearts to see and care.  
We are one with all who suffer. They are yours; now send us there.  
Knowing not if we shall triumph, give us faith to never cease;  
give us strength to boldly witness, seeking justice, making peace.

Feed us, God, the wine of courage, faithfully to do your will.  
Now we drink of resurrection, facing death but steadfast still.  
To this world of heartless plunder, send us in a different vein:  
by our fearless, gentle healing, bearing witness to your Reign.

*(key change!)*

God of justice and compassion, you who freed the Hebrew slaves,  
you who feed the poor and powerless, you whose great forgiveness saves,  
now you feed us, poor in spirit, through the grace of your dear Son;  
now you call us, now you send us. May your loving will be done.

### **Dismissal:**

Go forth and feed our world with justice and peace. **Thanks be to God.**  
**Alleluia!**

### **Contact Information**

**Parish Phone:** (902) 883-2898; email: [jane.magrath@gmail.com](mailto:jane.magrath@gmail.com)

**Facebook:** Anglican Parish of Lantz; **Website:** [www.parishoflantz.ca](http://www.parishoflantz.ca)

**Parish Notices and Announcements-** *see insert sheet at  
back of church*

**Next Sunday's Readings:** 1 Kgs 2:10-12, 3:3-14; Ps 111; Eph 5:15-20; Jn 6:51-58

### **Events this Week:**

Friday the 16<sup>th</sup> is our 11:00 service at the Magnolia

**Weekly Wisdom:** "When we claim our neighbors we commit to our communities, and when we feed our neighbors, we serve them. When we consider ourselves bound together in community, the radically civil act of redistributing resources from tables with more to tables with less is our responsibility; it is the social, practical work of justice." — Liz Hauck