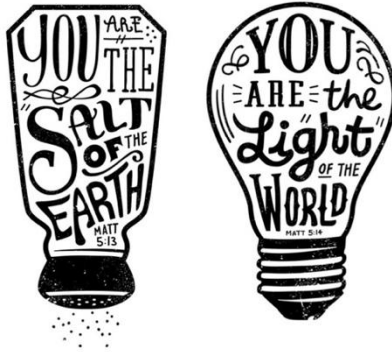


Sunday Feb 8, 2026  
5<sup>th</sup> Sunday After the Epiphany



## Our Mission

*To be a diverse ministering community  
making Christ's presence known in the world around us.*

## Sunday Morning Worship

9:30 St. George's Church: 1089 Highway 277, Dutch Settlement

11:00 Christ Church: 14 Church St., Lantz

## Parish Clergy

Rev'd Dr. Jane Magrath

Rev'd Patty McKenna

## Contact Information

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Website: [www.parishoflantz.ca](http://www.parishoflantz.ca)

## Call to Worship:

We are called to the work of Israel, to the work of Jesus.

**We are called to spread God's love in this world.**

We can do this work, as we are, because of the Holy Spirit.

**By God's grace, we are salt.**

We purify, we cleanse, we bind, we bring out the best in people.

**By God's grace, we are light.**

We allow things to be seen as they are. We point to holiness.

**By God's grace, we follow the commandments and the law.**

We love the Lord our God and our neighbors as ourselves.

**By God's grace, we are salt. We are light. God transforms us and uses us.**

Let us worship our God, so full of transforming grace.

Almighty God; **to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name; through Christ our Lord. Amen.**

## Opening Hymn: *Salt for the Earth*

**You are salt for the earth, O people, salt for the kingdom of God!**

**Share the flavor of life, O people: life in the kingdom of God!**

*Chorus:*

***Bring forth the kingdom of mercy, bring forth the kingdom of peace. Bring forth the kingdom of justice, bring forth the city of God!***

**You are a light on the hill, O people, light for the city of God! Shine so holy and bright, O people: shine for the kingdom of God! *Chorus:***

**You are a seed of the Word, O people, bring forth the kingdom of God! Seeds of mercy and seeds of justice, grow in the kingdom of God! *Chorus:***

**We are a bless'd and a pilgrim people, bound for the kingdom of God!**

**Love our journey and love our homeland: love is the kingdom of God! *Chorus:***

## The Collect:

God of hope and love, who created us in the glorious diversity of salt; and to be bearers of your light in our world: Continue to transform us, so that we can be agents of transformation in this world; and co-creators in your Kingdom, through Jesus Christ, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

## Prayer for Illumination:

May we listen with open hearts to these words of Scripture; May they be like salt for us -- flavouring our lives and our actions. And may they provide inspiration, as a light on our path. Amen.

## Proclamation of the Word:

### The First Reading:

A Reading from the Book of Isaiah (58:1-9a)  
(After the reading)

Hear what the Spirit is saying to the Church. **Thanks be to God.**

### The Psalm: (Psalm 112: 1-9)

Hallelujah! Happy are they who fear the Lord  
**and have great delight in his commandments!**

Their descendants will be mighty in the land;  
**the generation of the upright will be blessed.**

Wealth and riches will be in their house,  
**and their righteousness will last for ever.**

Light shines in the darkness for the upright;  
**the righteous are merciful and full of compassion.**

It is good for them to be generous in lending  
**and to manage their affairs with justice.**

For they will never be shaken;  
**the righteous will be kept in everlasting remembrance.**

They will not be afraid of any evil rumours;  
**their heart is right; they put their trust in the Lord.**

Their heart is established and will not shrink,  
**until they see their desire upon their enemies.**

They have given freely to the poor,  
**and their righteousness stands fast for ever;**  
**they will hold up their head with honour.**

God of light, teach us to love each other as you love us,  
that we may bring peace and joy to the world,  
and rejoice in the kingdom of your Son, Jesus the Christ. **Amen.**

### The Gospel:

God be with you. **And also with you.**

The Holy Gospel of Jesus the Christ according to Matthew (5:13-20)

**Glory to you, Lord Jesus Christ.**

(After the reading)

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

## Sermon:

## **Affirmation of Faith:** (Standing)

We believe in God: **in whom is power and compassion.**

**We believe in the Creator who gave birth to the universe, set solar systems dancing in space, shaped molecules and mountains, and conceived beauty beyond our imagining.**

**God's power topples tyrants, and brings down walls of separation; God's love embodies the tenderness of a perfect parent, encouraging and caring for each of us.**

**We believe in Jesus, born in obscurity in an occupied land; a human being, vulnerable to hunger, thirst, persecution and grief. He understood the power of love and confronted the powers of evil, spoke the truth with courage and clarity, forgave his enemies and changed lives. In his living, dying and rising again, he showed love strong enough to save the world.**

**We believe in the Holy Spirit who sustains, comforts and empowers us, opens the scriptures, opens our minds, and illuminates earth's darkness. Amen.**

## **Prayers of the People:**

*We pray for the church, the world, our community, and those known to us, remembering especially those in particular need. In our petitions, we respond to 'Come Holy Spirit with 'help us shine our light.'*

## **Confession & Absolution:**

God of salt and light, earth and sky: we who have received much have not always been grateful. We who have been called to work with God for the good of others as well as ourselves have sometimes been selfish. We who have been called to live in the light sometimes choose darkness. We who have been called to be salt to the world sometimes fail to respond to the needs we see. Our failures and mistakes and mis-steps are human -- and we confess them in the certainty of the forgiveness that helps us to transform ourselves and to shine our light in the world.

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

## **Absolution:**

Loving God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Pattern and our Purpose. **Amen.**

## **Celebrations:**

*We celebrate special occasions in the lives our parish family*

**O God, our times are in your hand: look with favour, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace; and strengthen their trust in your goodness all the days of their life, through Jesus Christ our Lord. Amen.**

## **Exchanging of the Peace:**

May you know the peace which the Spirit brings: a peace rooted in love, patience and self-control, shaped by kindness, generosity and faithfulness, marked by gentleness, and crowned with joy.

May this Peace be with you. **And also with you.**

## **Offertory Hymn: Take my Life and Let it Be (CP# 435)**

**Take my life, and let it be, consecrated, Lord, to Thee;**

**Take my moments and my days; Let them flow in ceaseless praise. (diddly)**

**Take my hands, and let them move, at the impulse of Thy love;**

**Take my feet and let them be; Swift and beautiful for Thee. (diddly)**

**Take my voice, and let me sing, always, only, for my King;**

**Take my lips, and let them be; Filled with messages from Thee. (diddly)**

**Take my silver and my gold; Not a mite would I withhold;**

**Take my intellect, and use, every power as Thou shalt choose.**

**Take my will, and make it Thine; It shall be no longer mine.**

**Take my heart; it is Thine own; It shall be Thy royal throne,**

**Take my love; my Lord, I pour, at Thy feet its treasure-store.**

**Take myself, and I will be, ever, only, all for Thee,**

## **Prayer over the Gifts:**

Holy one: **you call us to be salt and light in our world; to transform our world and make it a better place to be. Receive these gifts we bring -- at this table and from our labours and of ourselves -- and use them, we pray, as agents of your will; to season and brighten your world. Amen.**

## **Eucharistic Prayer (ACC: Supplementary Eucharistic Prayer 1)**

May God be with you. **And also with you.**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to God our Creator.

**It is right to give our thanks and praise.**

Holy God, Lover of creation, we give you thanks and praise; for in the ocean of your steadfast love you bear us and place the song of your Spirit in our hearts. When we turn from your love and defile the earth, you do not abandon us. Your Spirit speaks through Huldah and Micah, through prophets, sages, and saints in every age, to confront our sin and reveal the vision of your new creation. Joining in the song of the universe we proclaim your glory saying/singing: **Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

Gracious God, in the fullness of time you sent Jesus the Christ to share our fragile humanity. Through Jesus' life, death, and resurrection you open the path from brokenness to health, from fear to trust, from pride and conceit to reverence for you. Rejected by a world that could not bear the Gospel of life, Jesus knew death was near. His head anointed for burial by an unknown woman, Jesus gathered together those who loved him.

He took bread, gave thanks to you, broke it and gave it to his friends, saying, "Take and eat: this is my body which is given for you. Do this for the remembrance of me." After supper, Jesus took the cup of wine, gave you thanks, and said "Drink this all of you, this is my blood of the new covenant which is shed for you and for many. Whenever you drink it, do this for the remembrance of me." And now we gather at this table in response to his commandment, to share the bread and cup of Christ's undying love, and to proclaim our faith. **Christ has died. Christ is risen. Christ will come again.**

Breathe your Holy Spirit, the wisdom of the universe, upon these gifts that we bring to you: this bread, this cup, ourselves, our souls and bodies, that we may be signs of your love for all the world and ministers of your transforming purpose. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, Creator of all, and we bless your holy name for ever. **Amen.**

And now, as our Saviour Christ has taught us, we are bold to say, **Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.**

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

The gifts of God for the People of God. **Thanks be to God**

*People are invited to sit while awaiting Communion  
Communion Music: We are a Rainbow*

## Announcements:

As Jesus calls us as disciples, God sends us out to serve others in the world. Let us share with one another the events of our parish and community this week.

## Closing Prayers:

Standing, let us return our thanks to God.

Faithful and loving God, you created salt within the earth to protect and heal; to cure and add flavor to the food we eat. When you created our bodies, you put that salt in us. And in you, we are the salt of the earth.

You created light to warm the world so that life could exist and find order. You came to us as light so that we would not be overcome by the darkness. And you place that light in us and call us to be the light of the world.

As we reflect on these mysteries, we give you thanks for the sustenance you have provided at your table. May our light so shine before people so that you will be glorified and the whole world would join us in our praise of you. Amen.

Glory to God – **whose power working in us can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

## Blessing:

As you leave this space, may you remember that you are the salt of the earth. Go today, with the Spirit, and bring out the best of the world — the goodness that God has already created. Love, inspire, transform. And may the blessing of God -- ground of being, word of creation, and spirit of life -- go with you all. **Amen**

## Closing Hymn: *Jesus Bids us Shine*

**Jesus bids us shine, with a pure, clear light,  
Like a little candle burning in the night;  
In this world of darkness, so let us shine,  
You in your small corner, and I in mine.**

**Jesus bids us shine, first of all for Him  
Well He sees and knows it if our light grows dim;  
He looks down from Heaven to see us shine  
You in your small corner, and I in mine.**

**Jesus bids us shine, then, for all around,  
Many kinds of darkness in the world abound;  
Sin and want and sorrow, so we must shine,  
You in your small corner, and I in mine.**

## Dismissal:

Let us go out into the world to love and serve God by loving and serving others.  
**Thanks be to God. Alleluia!**

# **Parish Notices and Announcements-**

## **What Do We Need to Know?**

**Next Sunday's Readings:** Ex 24:12-18; Ps 2 or 99; 2 Pet 1:16-21; Mt 17:1-9

### **Events This Week:**

- **Choir Practice:** Our next practice will be Thu 12<sup>th</sup> Feb, 7pm @ Christ Church.

### **Upcoming Events:**

**On March 1, there will be ONE parish service at St. George's, followed by the Annual General Meeting. Please plan to attend.**

- **Pancake Supper-** Tuesday February 17 at St. George's Church in Dutch Settlement. Eat in or take out. \$12 per person OR \$10 with a food bank donation. Under 5 free. Time: 4pm - 6pm

- **February 18 @7:00pm at Christ Church: Ash Wednesday Service with imposition of ashes**

- **Chowder Lunches** will be available Feb 20, 27, March 6, 13, 20, 27. The cost this year is still \$10.00. Lunches can be collected at St George's from 11am to 1:00pm. To order call Felicity at 902-259-2506 or Heather at 902-883-9755.

There are sign up sheets at the back of each church for ordering.

There is also a sign up sheet for food donation or cash donation toward the cost of the fish.

Chowder prep will be at St George's on Thurs afternoons from 1:00pm. Food donations can be dropped off at that time.

- **Food Bank Sunday:** Our next Food Bank Collection Sunday is Mar 1st.

- **Saturday Music Jam:** The next jam will be on Mar 7<sup>th</sup>, 1-3pm at Christ Church

### **- Prayer Ministry - Prayer Chain**

If you, or someone you know would like to be put on the prayer list, please send information to carolyn.mcnally@ns.sympatico.ca

### **Read Your Bible:**

Mon- Malachi 3:1-12

Tue- Malachi 3:13-4:6

Wed- Isaiah 58:1-14

Thu- Psalm 112:1-10

Fri- 2 Cor. 9:1-15

Sat- Matthew 5:13-37

Sun- 1 Corinthians 2:1-16

### **Diocesan Cycle of Prayer:**

**World:** Hong Kong Sheng Kung Hui

**Diocese:** -Crapaud, Prince Edward Island.

*St. John the Evangelist, Crapaud*

## **Contact Information**

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**Website:** [www.parishoflantz.ca](http://www.parishoflantz.ca)

For pastoral emergencies, please contact Rev. Jane, directly: